

CERTIFICATE

OF PARTICIPATION

This is to certify that

Ilda Antunes

Has successfully participated & completed the

10km Forest Hill City Summer Run

held at Stellenbosch.

TIME 01:17:43

PACE 07:45/km

OVERALL 198 of 287

04 December 2016, Sun

Date

GENDER 75 of 130

40+ 26 of 35



Signature